

Spot the signs with C.A.T.S.C.A.N



C Coat & claws

Cats with occasional joint stiffness often struggle to groom properly, which can lead to greasy or matted fur, especially around the hips. They may also stop scratching, causing overgrown or brittle claws.

Ask yourself: Is their coat scruffier than usual? Are their claws long or curling?

☐

A Activity changes

If your cat no longer follows you upstairs or avoids their favourite perch, it might be due to their joints, not just age.

Ask yourself: Is your cat less mobile or skipping usual routines?

☐

T Tummies

Senior cats can gain weight as they move less, which puts more pressure on their joints — a vicious cycle.

Ask yourself: Has your cat gained weight or become more sedentary?

☐

S Sleeping more

More naps than usual? If your cat sleeps more and only wakes for meals, joint support may help them.

Ask yourself: Is your cat more Garfield than playful hunter?

☐

C Climbing issues

Reluctance to jump onto surfaces they once cleared with ease, breaking jumps into stages or clawing their way up can be signs of joint changes.

Ask yourself: Are they taking stairs slower or hesitant to jump?

☐

A Accidents

If your cat suddenly stops using the litter tray or has near-misses, they may need more joint support.

Ask yourself: Is your house-trained champion suddenly slipping?

☐

N Not themselves

Subtle personality shifts can also be a clue. Increased anxiety, clinginess, or irritability can point to underlying joint changes.

Ask yourself: Does something just feel 'off' about your cat's mood?

☐

If your C.A.T.S.C.A.N reveals any signs, speak to your vet and explore options like YuMOVE Joint Care Daily Bites – to help soothe their joints with Omega-3s – and other tools to support their quality of life.